



CAREGIVERS

The Buenaventura INTERFAITH Volunteer Program

July 1989

Volume 6 Number 2

Eda, We Salute You!

Eda Ramelli and Susan Cheek have been "carebuddies" for over a year now, but it was not until recently that Susan learned that Eda had passed the century mark.

"She looks so young and acts so young, it's amazing," said Susan. "She just needs someone to take her shopping. We go every Friday."

Eda is a member of one of Ventura's pioneer families. Her father, Joseph, moved the family to a large home near the San Buena-ventura Mission in 1900, after the family lost their Santa Maria home in the drought of that year.

"Dad wanted us to be close to the school," Eda recalls. "Dad had cows and horses on that land. Mama, who was brought up in Paris, was a wonderful French cook. And



Eda Ramelli with her Caregiver Volunteer, Susan Cheek

when she wasn't cooking, she spent her time doing lots of charity work."

One of seven children, Eda left Ventura to earn her bachelor's degree in literature and language at the University of California at Berkeley. She also studied in Paris and Madrid before accepting a teaching position at the University of Madrid. She was the first woman on the teaching faculty.

She earned her PhD at the University of Mexico and then returned to Santa Barbara to become the chairperson of the language department of the State Teachers' College, where she became a loved and respected teacher.

Susan, who represents her church, College Methodist, in the Caregivers' program, is a

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favorite of Eda. "We have fun together," says Eda.

And to what does Eda attribute her long life? She has been busy all of her life, reading, learning and traveling, but she says what really keeps her going is "lots of good French cooking."

Hats off to your 105 years, Eda!

-Ann Stockdill

Notes From The Director

It Is That Time of Year!

As June and July involve us in our activities, it is both an ending and a new beginning. While we juggle budgets and trust that the Lord will move hearts to help us financially to accomplish His work, we find it is also a time to evaluate and move forward with changes and new plans to better serve those in need. We often forget that WE TOO belong to that array of humanity that needs to look at where we have been and where we are going. This usually includes many facets. Often it is a time to change pace and relax. Possibly we need to look honestly and realistically at our involvements and offer suggestions for improvement as well as to plan and work gradually and peacefully towards goals rather than crisis response which often results in neglect and negativity. And of course the basic need to have a strong spiritual base from which to celebrate and rejoice in the many gifts we see each day.

No thoughts would be complete without remembering the wonderful people who are involved in this ministry. Each has come to the realization that "our" time is really "God's" time - a moment in eternity to enjoy, be thankful, and share with others.

Our Cornerstones

We have been fortunate to have a strong support group in our Board of Directors. Several have been with us since the beginning and their two terms end this June. We wish to thank Luther Tolo and Mary Solomon for their interest and support. Gloria Nelson and Sister Kathleen Patrice will be moving out of the area. To them, thank you and God's blessings on their new endeavors.

Since January we have been blessed with 17 new volunteers who will be serving in various positions in the CAREGIVERS' program. Two, Virginia Camarillo and Sheri Oelschlager, will serve on the Board of Directors. Trudy Real has offered to do some public relations and outreach work that will advertise the CAREGIVERS' program to the community.

Representing First United Methodist Church are Evelena Mitterer and Betty Ewin, who have accepted two of the coordinator positions. Another person, who is not new to the program, but new as a coordinator, is Fran Brady.

And, of course, we welcome the following, who have already been matched with our elderly people:

Anita Albert	Lester Mitterer
Betty Alford	Marna Newcomb
Susan Buchter	Pat Poppovich
Sharon Fleur	Elizabeth Seals
Mary Ellen Glycer	Kandy Wilhelm
Grace Johnsen	

YOU CAN HELP TOO

Often there are things to do in the CARE-GIVERS' office. Usually the projects are of the "Many hands make light work" kind. Sister Patricia Mary is compiling a list of names of volunteers who would be willing to say "yes" to her calls for assistance.

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TO OUR GENEROUS DONORS, WE SAY THANK YOU

February 15, 1989 - May 31, 1989

Anonymous
John Atkinson
Anna Baldacci
Imogene Becker
Lucille and Gordon Beller
Jane Blankenship
Susan Buchter
Rose Marie Chacon
Elsa Chianese
Vera Clark
Barbara Clifford
Mildred Coffman
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Grace McSparron
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Evelyn Rose

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Thomas I. Thomas
Helen Thompson
Mary and John Tracy
Elaine Van Akin
Judy and Leslie Vielbig
Anna Whitfield
Clare and Richard Wibbleman

*With Special
Thanks*

Anonymous
American Contract Bridge League
547
Knights of Columbus #2498
Virginia Baptiste
Kathleen Borgen
Lloyd Fellows
Frances and Ray Fletcher
Kenneth Ritza

It's A Date

Monday, July 3, 1989 - Office closed

Monday, August 21 through Labor Day, September 4, 1989
 Vacation time - Office closed

September 20, 1989 - Quarterly Support Meeting 7 - 9 p.m. "Medicare: What It Covers and What It Doesn't" All are invited to attend.

October 12, 1989 - Coordinators Meeting 12 Noon - 3 p.m. (Salad Potluck)

October 19, 1989 - Advisory Board Meeting 7:30 - 9:00 a.m.

November 10, 1989 - Veterans' Day Observance Office Closed

November 23-24, 1989 - Thanks giving Days Office Closed

December 7, 1989 - Christmas Celebration Party time for both the persons served and their Care-givers to celebrate. Awards will be given too!

December 25, 1989 through January 1, 1990 Christmas Holidays Office closed

In Memorial

We would like to express our deepest sympathy to those who lost loved ones during the last few months. Thank you to those who sent memorial contributions to CAREGIVERS. Cards announcing your donations in memory of the loved ones have been sent.

Christine Castle
by
Anonymous

Chris Appel
Carolyn Appel
Kay Peterson
by
Ellen and George Appel

Fred Gehle
by
Mabelle Gehle

Byron Grubb
by
Nancy Tate

Ben O'Gorman
by
Joyce Kenned

Karen Powell
by
Frances Brady

Marietta Regnier
by
Teri Regnier

Dr. Clay Smith
by
Kathryn and Daniel Murphy

Richard Smith
Scott Smith
by
Winnie Smith

Emily Wickersham
by
James Gibbons

Murial Wright
by
Gertrude and Clyde Campbell



RECENTLY DECEASED

Marjorie Brown
Florence Christie
Agnes Millard
Bud Millard
Frank Ohse
Lida Parker
Loveless Perkins
Irene Strehle
Leticia Tenney

When the Newsletter is ready for mailing there is always the "bulk mailing party" for one afternoon. There are some "old faithfuls" who help every time (Ken Wood has become the official stapler operator.).

If you would like to volunteer for any of the "activities" of the office, please call us.

Giving a Little Thought to Nurturing Family Caregivers

In an issue of MODERN MATURITY some "danger signals" were listed. They warn caregivers that they too, need help.

Here are a few of the "signals":

- No matter what you do, it isn't enough.
- You feel you are the only person in the world enduring this.
- You no longer have any time or place to be alone for even a brief respite.
- You are sure that to think of your self would be selfish.
- Family relationships are breaking down because of the pressures.

"Answering just one question with a "yes" is an alert to get help or make contact with a support group.

Now may be the time to investigate our CAREGIVERS Respite Program for family members!

Caregivers' Board Members Welcome the United Way

On March 31, 1989, United Way's 1989 Allocations Committee members visited CAREGIVERS and spent time with the members of



Wayne Dugan and Harry Banks enjoy refreshments with the committee



Rosa Heredia and Susan Van Abel of the United Way Committee were surprised by the photographer

the Board of Directors. During the previous weeks they had spent time examining CAREGIVERS' proposal for funding. The on-site visit enabled them to ask questions and see the facilities. It was a good exchange. Later this year they will announce the awards that will be made to the many agencies that operate with the assistance of United Way.

As you know, you may designate a charity of your choice when you donate to the United Way at your place of employment. We are happy to say that we have received word that CAREGIVERS is being recognized more often as a designee. We are grateful.

Congratulations To All

It was a time for celebration on May 2, 1989. The annual CAREGIVERS' banquet was enjoyed by volunteers, their coordinators, members of the Board of Directors and the staff.

After a delicious Italian dinner, Board Member, Wayne Dugan, introduced Sister Patricia Callahan, Executive Director, who distributed the well-earned pins and bars for the many hours of service.

Receiving awards were:

PINS

Neta Becker
Janet Bechtel
Pauline Crowdis
Louise Forgey
Eleanor Mapes
Mary Olsen
Maura Parsons
John Real
Debbie Renz
Kenneth Ritza
Emma Rose Rush
Greg Secor

FIRST BAR

Millie Fletcher
Maria T Gutierrez
Joe Jaramillo
Janice Pardue
Dorothy Schupback
Winnie Smith
Mildred Snowden
Jerrye Stumpf
Ken Wood
Keith York



Volunteers enjoy dinner and each other.

SECOND BAR

Carol Basralian
Florence Multer
Ken Parsons
Betty Patterson

THIRD BAR

Ellen Appel
Jack Bowen
Mary Solomon

FOURTH AND FIFTH BAR

Daphne Brooking



Sisters of St. Joseph of Carondelet
Buena Ventura Interfaith Volunteer Caregivers
261 No. Catalina St.
Ventura, CA 93001
805-652-0566

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Buena Ventura Interfaith Volunteer Caregivers

Executive Director: Sister Patricia Callahan C.S.J.
Administrative Assistant: Sister Patricia Mary Dugan C.S.J.

Volunteer Caregivers: matched.....with.....the homebound

- reach out to the frail and elderly & isolated in their own homes
- respite care-support the family caregiver
- link the needy with community resources
- train & support volunteers in basic caregiving skills
- provide 2-4 hours weekly of neighborly, non-professional tasks of personal care, home management, social contacts, transportation

A Ministry of:

Community Presbyterian Church
Eastminister Presbyterian Church
First United Methodist Church
Knights of Columbus Council 2498
Our Lady of the Assumption Church
Sacred Heart Church
San Buena Ventura Mission
Sisters of St. Joseph of Carondelet
College United Methodist Church
Trinity Lutheran Church

Contributions, memorials or in-kind donations can be made to
VOLUNTEER CAREGIVERS
and are tax-deductible.

Send to:

VOLUNTEER CAREGIVERS
261 North Catalina
Ventura, CA 93001
805-652-0566
805-656-4442

A United Way Agency